ANCA -Associated Vasculitis

Maryam Miri Assistant Professor of Nephrology At MUMS

Melborne 1982: First description of ANCA

SHORT REPORTS

Segmental necrotising glomerulonephritis with antineutrophil antibody: possible arbovirus aetiology?

Focal and segmental glomerulonephritis occur in mesangial IgA disease and several systemic diseases, but often the aetiology is unknown.¹ We describe eight patients seen over five years with a generalised illness associated with segmental necrotising glomerulone-phritis. Clinical findings and the geographic distribution of the cases suggest that infection by a group A arbovirus may have been an aetiological factor.

Patients, methods, and results

The patients were four men and four women aged 28-71 years. All had been ill for several weeks with lethargy, weight loss, arthralgia or myalgia, and anorexia, nausea, vomiting, or diarrhoea. Renal symptoms (haematuria, loin pain, and oedema) were present in five and respiratory symptoms (dyspncea or haemoptysis) in four. In all cases urine analysis showed function, but none required chronic haemodialysis or renal transplantation. Recurrent disease occurred in two cases, three and five years after the onset. In both this was associated with reappearance of antineutrophil factor in the serum, and renal biopsy showed active segmental glomerulonephritis on a background of long-standing glomerular scarring. Both patients again responded to treatment with prednisolone and cyclophosphamide.

Comment

The glomerular lesions in these cases were morphologically indistinguishable from those in microscopic polyarteritis nodosa.² Staining of neutrophil cytoplasm by these patients' sera was a characteristic diagnostic finding; this has not been previously described and has not been seen otherwise in more than 5000 sera examined during the past five years. Because of an unusual rural clustering of the cases, mainly in the Murray River valley, and the prominence of arthralgia and myalgia, this condition may be related to epidemic polyarthritis, which is common in this area³ and caused by Ross River virus.⁴ Serology showed evidence of previous infection by this virus in seven of the eight patients; the prevalence of serum antibodies to this virus in this region is 14.6%.⁵

Further serological investigation using IgM antibody as an index of recent infection is needed to establish a causal role for Ross River

Distribution of vessel involvement in vasculitis



Epidemiology

- Annual incidence of AAVs :13 to~20 cases per million individuals.
- **Prevalence** : **46 to~184** cases per million individuals worldwide.
- EGPA is less common than GPA or MPA EGPA annual incidence :0.5-2.0/million , prevalence of 10-45/ million
- The gender distribution is **fairly similar**.
- Peak incidence occurs in the middle of the sixth decade of life .

Genetic Associations in ANCA Associated Vasculitis

- In anti-PR3 AAV was associated with :
- *HLA-DP: HLA-DRB1*15, HLA DPB1*0401*
- *PRTN3* (the gene encoding proteinase-3)
- SERPINA1 (the gene encoding a1-antitrypsin, a circulating inhibitor of PR3)
- In **anti-MPO** AAV was associated with:
- HLA-DQ

Environmental Associations and Immunogenicity of ANCA

- Silica
- Bacterial species Staphylococcus ,Streptococcus
- Virus species Parvovirus B-19 , Epstein-Barr virus , Ross River Virus
- Antibiotics: Cefotaxime , Minocycline
- Antithyroid drugs : Methimazole , Propylthiouracil
- Anti-tumor necrosis factor agents : Adalimumab, Etanercept , Infliximab
- Psychoactive agents: Clozapine ,Thioridazine
- Miscellaneous drugs :

Allopurinol ,D-Penicillamine,Hydralazine,Levamisole

Historical landmarks of ANCA-testing in small vessel vasculitis :



Bossuyt, NATURE REVIEWS RHEUMATOLOGY2017

Comparison of the specificity and sensitivity for different ANCA assays

Study population	IIF		Imm	Immunoassay	
	C-ANCA	P-ANCA	PR3-ANCA	MPO-ANCA	
Specificity in disease controls					
Hagen et al. (n = 184)	95%	81%	86-89%	91%	
Damoiseaux et al. (n = 924)	97–98%	81-96%	98–99%	96–99%	
Sensitivity in 'newly diagnosed' GPA					
Hagen <i>et al.</i> (n = 97)	64%	21%	65-67%	24%	
Damoiseaux et al. (n = 186)	65-77%	11-15%	77-81%	9–12%	
Sensitivity in 'newly diagnosed' MPA					
Hagen et al. (n = 44)	23%	58%	25–27%	58%	
Damoiseaux et al. (n = 65)	5-6%	85-89%	5-9%	71-88%	

Visual representation of the 1999 recommendations and revised 2017 recommendations.

a 1999 consensus

b 2017 consensus



Bossuyt, NATURE REVIEWS RHEUMATOLOGY 2017

Clinical indications for ANCA testing

In order to assure appropriate anti-neutrophil cytoplasmic antibody (ANCA)-test usage to support the diagnosis of ANCA-associated vasculitis (AAV), ANCA should be requested for patients with the following clinical indications.

- Glomerulonephritis, especially rapidly progressive glomerulonephritis
- Pulmonary haemorrhage, especially pulmonary renal syndrome
- Cutaneous vasculitis with systemic features
- Multiple lung nodules
- Chronic destructive disease of the upper airways
- Long-standing sinusitis or otitis
- Subglottic tracheal stenoses
- Mononeuritis multiplex or other peripheral neuropathy
- Retro-orbital mass
- Scleritis

PATHOGENESIS

Research article

Epitope specificity determines pathogenicity and detectability in ANCA-associated vasculitis

Aleeza J. Roth,¹ Joshua D. Ooi,² Jacob J. Hess,¹ Mirjan M. van Timmeren,³ Elisabeth A. Berg,¹
Caroline E. Poulton,¹ JulieAnne McGregor,¹ Madelyn Burkart,¹ Susan L. Hogan,¹ Yichun Hu,¹
Witold Winnik,⁴ Patrick H. Nachman,¹ Coen A. Stegeman,³ John Niles,⁵ Peter Heeringa,³
A. Richard Kitching,² Stephen Holdsworth,² J. Charles Jennette,¹
Gloria A. Preston,¹ and Ronald J. Falk¹

Study of autoantibody epitope specificity within an MPO-ANCA–positive cohort



Location of epitopes on the MPO molecule.



Cells and Pathways Involved in AAV Pathogenesis and Regulation of the Immune Response

- Neutrophils in AAV
- Lymphocytes in AAV
- Complement in AAV

The Role of Neutrophils in the Induction of Glomerulonephritis by Anti-Myeloperoxidase Antibodies



Days Post-neutrophil depletion

Anti MPO IgG REcipients



Neutrophil depleted anti MPOIgG <u>r</u>ecipients



Crescent 11% Segmental nec 6%

Crescent 0% Segmental nec 0%

Xiao H et al ,Amj 2005



BRIEF COMMUNICATION www.jasn.org

C5a Receptor (CD88) Blockade Protects against MPO-ANCA GN

Hong Xiao,*[†] Daniel J. Dairaghi,[‡] Jay P. Powers,[‡] Linda S. Ertl, [‡] Trageen Baumgart,[‡] Yu Wang,[‡] Lisa C. Seitz,[‡] Mark E.T. Penfold,[‡] Lin Gan,[§] Peiqi Hu,*[†] Bao Lu,[§] Norma P. Gerard,^{||} Craig Gerard,^{||} Thomas J. Schall,[‡] Juan C. Jaen,[‡] Ronald J. Falk,*[†] and J. Charles Jennette*[†]





J Am Soc Nephrol 2014



The ACR/EULAR 2017 Provisional Classification Criteria for GPA

Items	Score
Score for the ACR/EULAR 2017 provisional classification criteria for GPA	<mark>Sum≥</mark> 5
Bloody nasal discharge, ulcers, crusting or sinonasal congestion	3
Nasal polyps	-4
Hearing loss or reduction	1
Cartilaginous involvement	2
Red or painful eyes	1
C-ANCA or PR3-ANCA	5
Eosinophil count \geq 1 (×10 ⁹ /L)	-3
Nodule, mass or cavitation on chest imaging	2
Granuloma on biopsy	3

Classification schema for ANCA-associated GN



Focal≥50% noCrescentic≥50% gl	ormal glomeruli Iomeruli with cellular crescents	
Crescentic ≥50% g	lomeruli with cellular crescents	
1949 - 1949 - 1949 - 1949 - 1949 - 1949 - 1949 - 1949 - 1949 - 1949 - 1949 - 1949 - 1949 - 1949 - 1949 - 1949 -	ionician with central creacents	
Mixed <50% no	ormal, <50% crescentic, <50% globally sclerotic glomeruli	
Sclerotic ≥50% gl	≥50% globally sclerotic glomeruli	

TREATMENTS

Trial (n)	Inclusion criteria	Treatment groups (dose)	Primary end- points	Outcome
Induction of remission				
NORAM (100)	New diagnosis of GPA or MPA, and creatinine < 150 μmol/L	Methotrexate (0.3 mg/kg once weekly) <i>vs</i> daily oral cyclophosphamide	Remission Time to relapse	Methotrexate not inferior to cyclophosphamide Time to relapse shorter with
				methotrexate
CYCLOPS (149)	New diagnosis of GPA, MPA, or	Intravenous pulse cyclophosphamide	Remission	Pulse cyclophosphamide not
	relapse with renal involvement,	(15 mg/kg) vs daily oral	Time to relapse	inferior to oral cyclophosphamide
	creatinine 150-500 μmol/L	cyclophosphamide (2 mg/kg)		Less leucopenia and trend
				towards more relapses with pulse cyclophosphamide
RITUXVAS (44)	New diagnosis of AAV and	Rituximab (four 375 mg/m ² infusions)	Sustained	Rituximab not inferior to pulse
	severe renal involvement	plus two intravenous pulses of	remission	cyclophosphamide
		cyclophosphamide, vs intravenous pulse cyclophosphamide only		
RAVE (198)	New or relapsing GPA or MPA	Rituximab (4 \times 375 mg/m² infusions) vs	Complete	Rituximab not inferior to oral
		daily oral cyclophosphamide	remission and	cyclophosphamide
			cessation of	Rituximab better in patients with
			glucocorticoids	relapse than after first diagnosis
MEDEX (127)	New discourse of CDA on MDA	Discuss such as a state of the	at 6 mo	Detter and low minutes to it also
MEPEA (157)	and creatining > 500 umol/I	guelophocphamide 75.3 X intravenous		ovehance
	and creatinine > 500 µmor/ L	methylprednisolone pulse and oral	5 110	24% risk reduction for FSRD with
		cyclophosphamide		plasma exchange
MYCYC (140)	New diagnosis of GPA, MPA	Mycophenolate mofetil (2-3 g daily) vs	Remission at 6	Preliminary data: noninferiority not
	and major organ involvement	intravenous pulse cyclophosphamide	mo	proven for mycophenolate mofetil
	, ,	(15 mg/kg)	Relapse	vs pulse cyclophosphamide
CORTAGE (104)	New diagnosis of MPA, GPA,	Rapid glucocorticoid tapering and	Severe adverse	Preliminary data: less severe
	EGPA, PAN and age > 65 yr	reduced-dose intravenous pulse	events	adverse events with reduced
		cyclophosphamide (500 mg) vs standard		immunosuppression, no difference
		intravenous pulse cyclophosphamide		in remission and relapse rates
		(500 mg/m^2)		

		_		
Maintenance of remissi	ion			
CYCAZAREM (144)	GPA, MPA or relapse and renal	Oral azathioprine (2 mg/kg) vs oral	Relapse	No difference in relapse
	or vital organ involvement	cyclophosphamide (1.5 mg/kg daily)	Adverse events	
IMPROVE (165)	New diagnosis of GPA or MPA	Oral mycophenolate mofetil (2 g daily)	Time without	More relapses with mycophenolate
		vs oral azathioprine (2 mg/kg)	relapse	mofetil than azathioprine, trend
			Adverse events	towards more adverse events with
				azathioprine
WEGENT (126)	GPA or MPA and renal or	Methotrexate (0.3 mg/kg once weekly)	Adverse events	No difference between groups in
	multiorgan involvement	vs azathioprine (2 mg/kg)	with consecutive	primary end point and relapses
			treatment	
			cessation or	
			death	
LEM (54)	Generalized GPA and creatinine	Leflunomide (30 mg daily) vs	Relapse	More relapses with methotrexate
	< 1.3 mg/dL	methotrexate (up to 20 mg per week)		than leflunomide, trend towards
				more adverse events with
				leflunomide
WGET (174)	GPA and BVAS > 3	Etanercept and methotrexate or	Sustained	No benefit with etanercept, more
		cyclophosphamide vs placebo and	remission for	cancers in etanercept group
		methotrexate or cyclophosphamide	> 6 mo	









Remission and relapse in MYCYC Study











MAINRITSAN2

- rituximab at randomization:
- 1.ANCA and CD19+ B lymphocytes were assessed every 3 mo.
- 2.The control group received the MAINRITSAN trial.





Features of the compared guidelines

- BSR/BHPR 2014
- EULAR/ERA-EDTA 2015
- CANVAS 2016
- SBR 2017

D Geetha et al.KI report 2018

SEVER DISEASE

Common view

• CYC

- with high-dose steroids for first-line induction is universally recommended
- GC &CYC therapy should be continued for 3-6 mo.
- switched to a less toxic maintenance therapy when remission is achieved.
- Dosing adjustments should be
- made for age and renal function (BSR, CanVasc, SBR)

Difference

- SBR and CanVasc: Either oral or i.v. pulsed CYC.
- BSR and EULAR: Favor i.v. pulsed CYC
- Dosing BSR, SBR: Standard 15 mg/kg, max 1.2 g (SBR)
- 1.5 g (BSR) per pulse, first 3 pulses at 2-wk intervals, then every 3 wks for total of 3-6 mos
- EULAR: not specified, but refers to CYCLOPS trial, which is same as the preceding.

RTX

Common view

 All 4 guidelines recommend RTX with high-dose steroids for firstline induction in patients in whom CYC is contraindicated or not preferred.

Difference

- First line RTX:
- **BSR and EULAR**: recommend RTX first-line in general for all AAV patients.
- **EULAR** notes that the data are weakest among patients with EGPA.
- Dosing:
- SBR: rituximab should be given at 375 mg/m2 weekly for 4 wks, or in 2 infusions 2 wks apart at a dose of 1 g.
- BSR and CanVasc: recommend 375 mg/m2 weekly for 4 wks

GC dosing

Common view

- Every patient should receive systemic GCs.
- In severe disease, patient may be started first on i.v. pulse methylprednisolone.

Difference

• Oral GC dosing and schedule:

- **BSR**: start oral prednisolone at 1.0 mg/kg per day (max, 60 mg/d), tapered to 15 mg per day at 12 wks.
- SBR: start prednisone at 0.5-1.0 mg/kg per day (max, 80 mg/d) for 14 wks, taper by 10 mg for 24 wks until 20 mg/d, then reduce by 2.55.0 mg every 2 -4 wks until full withdrawal.
- **CanVasc**: start prednisone equivalent at 1.0 mg/kg per day (max, 60-80 mg/d) for 1 mo, then gradually tapered
- **EULAR**: 1.0 mg/kg per day (max, 80 mg/d)
- *i.v. pulse methylprednisolone dosing*:
- **BSR**: 200-500 mg/d before or with first 2 doses of CYC
- **CanVasc**: 500-1000 mg/d for 1-3 days
- **SBR**: 500-1000 mg/d or 15 mg/kg per day for 1-3 days
- EULAR: not specified

lVig

- **SBR**: **infection** and persistent disease
- disease refractory to GC ,CYC, or
- contraindications to CYC or RTX
- CanVasc:
- refractory disease,
- pregnant women in whom other immunosuppressants are contraindicated
- and those with current severe infection or
- recurrent severe infections
- EULAR: refractory setting

Others agents

Common view

- Etanercept should not be used to treat AAV.
- other TNF-a inhibitors have limited evidence (BSR, CanVasc, SBR)

Difference

- BSR, CanVasc: Possible experimental options for refractory disease include mepolizumab for patients with EGPA, alemtuzumab (anti-CD52).
- BSR: other experimental options include gusperimus and leflunomide.

Refractory Disease

- Patients who received CYC:
- **BSR and EULAR**: all refractory patients with **severe disease** who have failed CYC should receive RTX.
- CanVasc: Severe GPA/MPA patients in whom CYC failed should receive RTX.
- Patients who received RTX:
- EULAR: refractory patients who received RTX should now receive CYC.
- Other strategies include adjunct i.v. Ig and
- switching from pulsed to oral CYC (when RTX is unavailable/cannot be administered). (EULAR).

Recommendations for use of plasma exchange in induction therapy of AAV

• 1.RPGN:

- CanVasc: adjuvant if a patient is refractory to high dose GC + CYC/RTX.
- BSR, SBR, and EULAR recommend consideration of plasma exchange for RPGN with serum Cr greater than w500 mmol/l (5.7 mg/dl).
- 2.Diffuse alveolar hemorrhage :
- adjuvant when patients are in this setting and refractory to standard GC CYC/RTX (all 4 guidelines)

Maintenance

- Agent:
- BSR: AZA or MTX with GC. LEF or MMF may be alternatives. RTX is also an option.
- CanVasc: AZA or MTX, initially in combination with low-dose GC. LEF and MMF are secondline alternatives. RTX is also an option particularly in PR3-ANCA-positive GPA.
- EULAR: Patients with GPA/MPA should receive low-dose GC and AZA, RTX, MTX, or MMF
- those with EGPA should receive AZA.
- **LEF** is a second-line option.
- **TMP/ SMX** can be considered as adjuvant therapy.

Maintenance Duration

- Duration of immunosuppressant agent in general:
- BSR, EULAR: **24 mos after duration**.
- CanVasc: 18 mos, but no clear evidence.
- Duration of immunosuppressant agent for **PR3-ANCA patients**:
- BSR: up to 5 yrs
- EULAR: evidence still pending, but 36 mos
- Duration of GCs:
- BSR: patients in remission after 1 yr can begin to taper GCs. After GCs are withdrawn, the other immunosuppressive agent can be tapered after 6 mos.
- - CanVasc: no clear evidence for GC duration



Common view

- severe relapse : GC CYC or RTX (BSR, CanVasc, EULAR).
- Non severe relapse :
- may be managed with increasing the dosage of GC in addition to optimizing current immunosuppressant agent
- (BSR, CanVasc, EULAR).

Difference

Severe relapse

- BSR: Severe relapse should be treated with GC CYC or RTX. If the patient is trying a second round of GC, CYC, the dose of GC should be increased; addition of i.v. methylprednisolone and PLEX can be considered.
- CanVasc: Patients who already tried GC CYC should receive RTX.
- EULAR: In general, due to the cumulative toxicity of CYC, RTX is recommended over CYC in relapsing disease

Prophylaxis Against Pneumocystis jirovecci

• All 4 guidelines recommend prophylaxis for Pneumocysti jirovecci in AAV patients receiving induction therapy with CYC or RTX.

 The recommended first-line prophylaxis by all guidelines in the absence of allergy is TMP/SMX at a dose of 400/80 mg daily or 800/160 mg 3 times a week.

Frequency of Disease Assessment

- **BSR/BHP R**recommends:
- monthly during remission induction, every 3 months during initial remission maintenance treatment, thereafter every 6 months, and then annually
- **CanVasc:** is monthly during remission induction and **every 3 months** for **2 years** while on remission maintenance therapy, and **annually** thereafter.



Randomized Trial of C5a Receptor Inhibitor **Avacopan** in ANCA-Associated Vasculitis

- 67 patients
- 22 Placebo+Avacopan
- 22 Prednisolon (20mg)+Avacopan
- 23 High Dose Prednisolon(60mg)
- C5a receptor inhibition with avacopan was effective in replacing high-dose glucocorticoids in treating vasculitis.

Jane et al, J Am Soc Nephrol 2017

Possible tailored regimens of remission induction treatmen in patients with AAV

	Non-severe AAV	Severe AAV		
Proteinase-3 ANCA	Methotrexate* or rituximab	Rituximab† or cyclophosphamide		
MPO-ANCA	Methotrexate* or MMF or rituximab	Cyclophosphamide or rituximab† or MMF†		
ANCA-negative	Methotrexate* or cyclophosphamide	Cyclophosphamide		
Immunosuppressive medications should be used in combination with glucocorticoids (at least 40 mg daily of prednisone in non-severe AAV and at least 60 mg daily of prednisone in severe AAV).				

*Only in patients with estimated glomerular filtration rate >30 mL/min/1.73 m².

Serum biomarkers

- anti-LAMP-2 antibodies are present in 80–90% of untreated patients, including PR3-ANCA negative and MPO-ANCA negative
- Pllasminogen
- Moesine
- NET
- Leucocytes: Breg,CD25+ Treg
- Monocytes
- Complements:c3a,c5a,c5b-9
- MCP1
- Calprotectin
- NGAL

